

**HANOVER COLLEGE SPORTS MEDICINE  
MEDICAL PAPERWORK CHECKLIST AND SCREENING INFORMATION**

All athletic screenings and physicals will be conducted on campus by Hanover College's Sports Medicine Staff. All athletes are required to complete their medical forms prior to the screening and physical. A physical by **our team physician** is required for all new Hanover College student-athletes. The general dates, times, and locations for screenings and physicals for each sport will be listed on the Hanover College Sports Medicine website, [www.hanover.edu/athletics/sportsmedicine](http://www.hanover.edu/athletics/sportsmedicine). Please check with your coach for more detailed information and to check for any changes to the schedule.

There is a \$10 fee for physicals that may be paid with cash, check, or charged to the student-athlete's campus account. The \$10 fee must be paid at the time of service and we ask that you **do not send money with your paperwork**.

All paperwork for all athletes must be completed and postmarked between **July 1, 2011 and August 6, 2011**. Late paperwork may result in a delay in processing and missed practices for the student-athlete. Faxed paperwork will not be accepted. Please return only forms that must be signed. This form is for your reference only.

Please use the following checklist to ensure complete preparation for your screenings and physical:

- \_\_\_\_\_ 1. We have two different online forms and some forms that need to be printed off and mailed to Hanover College. Please following the directions located at [www.hanover.edu/athletics/sportsmedicine](http://www.hanover.edu/athletics/sportsmedicine).
- \_\_\_\_\_ 2. Include (on a separate sheet of paper) an optometrist prescription if you wear glasses or contacts.
- \_\_\_\_\_ 3. Please mail a photocopy of your medical insurance card with the forms that you will print off the website. Please make sure all information on the insurance card can be read and is not blurred, cut off, or skewed after copying.
- \_\_\_\_\_ 4. Include a Physician's Statement of Release to Participate if you have been injured, ill, or had surgery since you last participated in your sport. If you are still receiving treatment or doing rehabilitation for any injury, please include a copy of your treatment/rehab protocol from your physician, physical therapist, or athletic trainer.  
**Legally, you are still under your physicians care until you have been released to participate. You will not be allowed to participate without this release on file in the Athletic Training Room.**
- \_\_\_\_\_ 5. The NCAA has passed new legislation on ADHD medications. A person must have documentation that he/she has undergone a clinical assessment by a licensed physician to diagnose ADHD and that medication use is being monitored routinely. The athlete must have a current prescription for any ADHD medication that he/she is taking on file with the Athletic Training Staff. **Please include a statement from your diagnosing physician that contains this information.** Note: some ADHD medication may increase the risk of heat-related problems. Consult your physician to discuss how this may affect you.
- \_\_\_\_\_ 6. Mail original copies of all paperwork plus the insurance card photocopy to:  
Tony Carlton  
Head Athletic Trainer  
Hanover College  
PO Box 108  
Hanover, IN 47243

Please remember that it is your responsibility to have all paperwork turned in by **August 6, 2011**. Coaches will receive a list of incomplete files and **student-athletes with incomplete files will NOT be allowed to participate**.

Play safely,  
The Hanover College Sports Medicine Staff