

MEDICAL SCREENING INFORMATION

To: All Hanover College Student-Athletes
From: Tony Carlton, ATC, Mary Beth Gilliam, ATC, Aaron Spencer, ATC
Re: Medical Screening
Date: June 2009

All athletic screenings and physicals will be conducted on campus by Hanover's training staff. All athletes are required to complete their medical forms prior to getting a physical. A physical is required for all Hanover College student-athletes.

NOTE: There will be a \$10 charge for physicals this year. The fee may be paid with cash, check or charged to your campus account. The \$10 must be paid at the time of service. Do not send money with your paperwork.

Screenings will be done on August 14, 2009, for football and physicals will be done on August 15, 2009. Men's soccer, women's soccer, volleyball, men's and women's cross country, and women's tennis will have their screenings and physicals done on August 22, 2009.

All other sports will be notified of their screening and physical times after arriving on campus for the fall semester.

Please use the following check list to ensure you are prepared for your physical:

- ___ 1. Mail a copy of your completed medical forms downloaded from <http://www.hanover.edu/athletics/medforms> to the following address.
Tony Carlton, Head Athletic Trainer
Hanover College
P.O. Box 108
Hanover, IN 47243
- ___ 2. Attach an optometrist prescription if you wear glasses or contacts.
- ___ 3. A "Physicians Statement of Release to Participate" if you have been injured, ill or had surgery since you last participated in your sport.
Legally you are still under their care until you have been released to participate.
You will not be allowed to participate without this release on file in the Athletic Training Room.
- ___ 4. Be sure to wear shorts when you come for your medical screening and/or physical.
- ___ 5. Copies of the front and back your insurance cards.
- ___ 6. If you are taking medication for ADHD the NCAA has passed new legislation. A person must have proof that he/she has undergone a clinical assessment to diagnose ADHD, that medication use is being monitored routinely, and he/she has a current prescription on file. You will need to provide this information before participation. Note: Some ADHD medication may increase the risk of heat related problems. Consult your physician to fully understand how or if this may affect you.

Remember, it is your responsibility to have all paperwork in order **before** the start of your season. Coaches will receive a list of incomplete files. **Without a complete medical file, you will NOT be allowed to participate.**

Play safely!!

Revised 6/4/09