LIBERAL ARTS DEGREE REQUIREMENTS (LADRs)

- 12 units (assuming Other Cultures requirement is satisfied through a LADR, major, or minor course).
- In LADRs that have a two-course sequence, the two courses may be “linked,” with one course in Fall and the second in Winter, or “stacked” together in the same term (either Fall or Winter).

AUGUST EXPERIENCE

- intense introduction to college-level modes of inquiry for first-year students.
- includes common readings.
- begins intensive work on writing and public speaking.
- establishes students’ first advising relationships.
- includes co-curricular activities such as films, field-trips, and speakers to enhance course content and extend it beyond the classroom.

1. Great Works (GW): 2-course sequence
   - first year, Fall and Winter Term
   - intensive writing and public speaking

The objective of this requirement is to analyze and interpret great works of literature (broadly construed to include literature of any liberal arts discipline) and/or visual and performing arts and the enduring questions they raise. Courses include works representing diverse cultures and works that address or embody ethical questions and issues.

Each sequence (1) addresses the problem of “objectivity” in evaluating the quality of works; (2) focuses on the close analysis and interpretation of works; (3) includes the perspectives and methods of humanities or fine arts; (4) may require artistic and performance projects.

Great Works
GW 111 Great Works in the British Empire I
GW 112 Great Works in the British Empire II

GW 113 Great Works: Times of Revolution I
GW 114 Great Works: Times of Revolution II

GW 115 Word, Image, Power I
GW 116 Word, Image, Power II

GW 117 Literature and Theatre
GW 118 Art and Music
2. The Examined Life (EL): 2-course sequence

The objectives of this requirement are: (1) to confront foundational questions essential to the examined life, questions of epistemology, ethics, theology, and spirituality; 2) to learn the basic skills of logical thinking and critical thinking from within rational and faith-based perspectives; and (3) to provide a framework for reinforcing and integrating recurring themes (e.g. ethics, epistemology) integrated vertically into the LADR curriculum.

Students must take both courses in the sequence during the same school year to get credit for the requirement. If a student takes the first course but not the second, the first course becomes an
elective and the student will need to attempt a different LADR in a subsequent year. Students will not be able to take the second course in a sequence if they have not taken the first course.

Students must complete this sequence by the end of their second year.

**Examined Life**

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<tr>
<th>PHI 161</th>
<th>Philosophy and the Human Condition</th>
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<td>THS 161</td>
<td>Theology and the Human Condition</td>
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<th>PHI 162</th>
<th>Philosophy and the Arts</th>
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<th>PHI 163</th>
<th>Philosophical Issues and Classic Texts</th>
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<td>Theological Issues and Classic Texts</td>
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<th>PHI 164</th>
<th>Philosophical Perspectives on Nature</th>
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<th>PHI 165</th>
<th>Philosophy and Ethics</th>
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<th>PHI 167</th>
<th>Foundational Issues in Philosophy</th>
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<td>THS 167</td>
<td>Foundational Issues in Theology</td>
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**3. Modern Society (MS): 2 courses**

The objectives of this requirement are to examine the distinguishing features of the social world in a global or historical context, to confront issues of causality and human motivation, to give consideration to ethical issues embedded in the social world, to explain key ways of evaluating evidence in the social sciences, and to compare disciplinary approaches to understanding society.

There are two ways a student can satisfy this 2-course requirement:

A) A student must take two courses from two different disciplines from a list of courses (below) which are designated as fulfilling the Modern Society LADR. The courses need not be taken in the same academic year. At least one of these courses must be taken from one of the following departments: Anthropology, Communication, Economics, Education, History, International Studies, Political Science, Psychology, or Sociology.

<table>
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<tr>
<th>COM 162</th>
<th>Cultural Diversity and Communication (OC)</th>
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<tr>
<td>COM 164</td>
<td>War and Upheaval through Film: US 1950-1975</td>
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<tr>
<td>ECO 161</td>
<td>Foundations of Economics</td>
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<td>FRE 161</td>
<td>Francophone Multiculturalism (OC; taught in English)</td>
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<tr>
<td>GER 161</td>
<td>The Great German Dynasties (taught in English)</td>
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<td>HIS 161</td>
<td>The Modern West</td>
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<td>HIS 162</td>
<td>Modern Politics</td>
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<td>HIS 163</td>
<td>Order and Change: The Modern West</td>
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<td>HIS 164</td>
<td>War and Upheaval: US 1950-1975</td>
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<td>HIS 165</td>
<td>The Family and the Modern West</td>
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B) A student may take a 2-course sequence from the list below. Students choosing this option must take both courses in the same academic year: either courses in the same term (if the courses are stacked), or one course in the Fall term and the other in the Winter term (if the courses are linked).

MS 117 The History of Property, stacked with:
MS 118 The Economic Implications of Property
MS 125 Eurasia: Modern Societies from 1600 to 1850 (OC), linked with:
MS 126 Eurasia: Modern Societies from 1850 to present (OC)
INS 161 Modern Africa I (OC), linked with:
ANTH161 Modern Africa II (OC)
PLS 163 Politics, Society and Film, linked with:
PSY 163 The Individual, Society and Film
PSY 167 Culture and Conflict I, linked with:
SOC 167 Culture and Conflict II

4. Natural World (NW): 2-courses
   A student must take two courses, from two different disciplines, from the courses listed below. The two courses need not be taken in the same academic year, except where specified.

   **Natural World**
   BIO 161* (Che 161 co-requisite) or BIO 165
   CHE 161
   GEO 161, 162, 163, 165, 261 or 262
   GEO 261
   PHY 161
   AST 165 or 166
   PSY 162 (Bio 161 or 165 prerequisite) or 164
*BIO 161 has CHE 161 as a co-requisite, is meant for potential Biology majors or pre-health professionals, and is offered only in Fall Term. BIO 165 has no Chemistry requirements, is meant for all other students, and will only be offered in Winter Term. BIO 165 will not count towards the Biology major.

5. Other Cultures (OC):

The objective of this requirement is to examine a culture (or cultures) outside of Western civilization from the perspectives of that culture, to gain insight into radically different world views, and to develop an alternative lens with which to examine Western civilization. This requirement may be satisfied through one of the LADR sequences that is designated as satisfying the Other Cultures requirement (OC), through a designated course in the major, or through a separate designated course.

**Anthropology**

Anth 222. World Ethnographies (prerequisite)
Anth 232. Native North American Cultures (prerequisite)
Anth 238. Middle East: Peoples and Cultures (prerequisite)
Anth 241. North and East Africa: Peoples and Cultures (prerequisite)
Anth 311. The World of Islam (prerequisite)
Anth 316. Comparative Spiritual Traditions (prerequisite)
Anth 329. Cultural Adaptation of Native Americans: Plains and Pueblos (prerequisite)
Anth 333. Magic, Witchcraft and Religion (prerequisite)
Anth 336. Gender in Cross-Cultural Perspective (prerequisite)

**Art History**

ArtH 111. History of Eastern Art
ArtH 346. Art of China
ArtH 347. Art of Japan

**Communication**

Com 328. Cross-Cultural Communication (prerequisite)
Com 340. Global Communication Processes (prerequisite)

**History**

His 261. The World Outside the West, 1500 to present
His 264. The World Since 1945
His 265. Studies in World History
His 266. History of China
His 267. History of Japan
His 362. Modern China
His 364. Traditional China
His 365. History of the Middle East
His 367. China and Christianity

**Philosophy**

Phi 222. Classical Indian Philosophy
Phi 240. Philosophy and the Martial Arts
Phi 242. Taoism and Cooking
Phi 244. Taoism and Zen Buddhism
Phi 322. Classical Chinese Philosophy

Political Science
PIS 211. Politics and Society in Contemporary Africa (prerequisite)
PIS 217. Latin American Politics (prerequisite)
PIS 219. Middle Eastern Politics (prerequisite)
PIS 225. Women in the Developing World

Sociology
Soc 329. Cultural Adaptation of Native Americans: Plains and Pueblos (prerequisite)

Spanish
Spa 219. “Hispanics” in the U.S.
Spa 439. The Clash of Cultures (prerequisite)

Theological Studies
ThS 339. Odyssey to the Holy Land (prerequisite)
ThS 358. Geography of the Holy Lands (prerequisite)

Theatre
Thr 215. World Cinema
Thr 311. Nonwestern Theatre

6. Abstraction and Formal Reasoning (AFR): 1 course

The objective of this requirement is to introduce students to formal abstract systems and their applications. Each course requires students: (1) to understand the nature of symbolic language, formal reasoning, and the process of solving problems by means of abstract modeling; (2) to identify the essential qualities of these tools, qualities that underlie their effectiveness in the solution of real-world problems; and (3) to explain the limitations of these formal systems of reasoning.

CS 110 Fundamentals of Computer Science
ENG 220 The Structure of the English Language
MAT 112 Calculus with Review (2nd part)
MAT 121 Calculus I
MAT 122 Calculus II
MAT 143 Discrete Mathematics I
MAT 210 Mathematics: Topics for the Liberal Arts
MAT 212 Problem Solving with Elementary Mathematics
MAT 217 Applied Statistics
MAT 220 Logic, Sets and Relations
MAT 221 Calculus III
PHI 321 Formal Logic

7. World Languages (WL): 2-course sequence
• two semesters of the same language required of all students (with the exception of international students).
• highly recommended to begin during the first year.
• must be completed by the end of the second year.

The objective of this requirement is to build skills in a second language, to encourage understanding of the nature of language, to provide insight into and knowledge of other cultures, and to prepare students for participation in the global community.

French
German
Greek
Latin
Spanish

8. Health and Physical Fitness (HF and HFA): 1 unit
• one 0.50-credit course in Lifetime Wellness
• two 0.25-credit physical education activity classes or equivalent participation in varsity sports

The objective of this requirement is to encourage knowledge and understanding of wellness, to develop skills essential to maintain physical fitness, and to provide a basis for life-long wellness and physical fitness.

One 0.5 credit course before the beginning of the junior year: HF 101: Lifetime Health and Fitness.

Two 0.25 credit courses in Applied Health and Fitness. At least one of these must be earned from the Lifetime Fitness Activities list that follows, which includes all courses with a course number above HFA 050. After completing one season, varsity athletes can get credit for the corresponding Applied Health and Fitness course in the Varsity and Team Sports category.

Varsity and Team Sports
HF 030. Varsity Cross Country. 0.25 unit.
HF 031. Varsity Golf. 0.25 unit.
HF 032. Varsity Tennis. 0.25 unit.
HF 033. Varsity Track and Field. 0.25 unit.
HF 034. Varsity Baseball. 0.25 unit.
HF 035. Varsity Softball. 0.25 unit.
HF 036. Varsity Basketball. 0.25 unit.
HF 037. Varsity Football. 0.25 unit.
HF 038. Varsity Soccer. 0.25 unit.
HF 039. Varsity Volleyball. 0.25 unit
HF 042. Soccer. 0.25 unit.
HF 043. Volleyball. 0.25 unit. Not open to students with prior credit in HFA 043 or HFA 045.
HF 045. Sand Volleyball. 0.25 unit. Not open to students with prior credit in HFA 043 or HFA 045.

Lifetime Fitness Activities
HFA 050. Adapted Fitness Activities. 0.25 unit. A program of limited physical activity based on the nature of an individual's exceptionality. Only students with a medical excuse may enroll. May be repeated for credit. Prerequisite: HF 101.

HFA 060. Special Topics. 0.25 unit. Prerequisite: HF 101.

HFA 066. Tennis. 0.25 unit. Prerequisite: HF 101.

HFA 067. Fitness Walking. 0.25 unit. Prerequisite: HF 101.

HFA 068. Fitness Running. 0.25 unit. Prerequisite: HF 101.

HFA 070. Aerobic Activities. 0.25 unit. Prerequisite: HF 101.

HFA 071. Beginning Tai Chi. 0.25 unit. Prerequisite: HF 101.

HFA 072. Intermediate Tai Chi. 0.25 unit. Prerequisite: HF 101.

HFA 073. Self-Defense for Women. 0.25 unit. Prerequisite: HF 101.

HFA 074. Weight Conditioning. 0.25 unit. Prerequisite: HF 101.

HFA 075. Racquetball. 0.25 unit. Prerequisite: HF 101.

HFA 076. Racquet Sports. 0.25 unit. Prerequisite: HF 101.


HFA 079. Intermediate Tae Kwon Do. 0.25 unit. Permission of instructor. Prerequisite: HF 101.

HFA 082. Lifeguarding. 0.25 unit. Prerequisite: HF 101.

HFA 084. Water Safety Instructor. 0.25 unit. Prerequisite: HF 101.


HFA 095. Dance and Social Games. 0.25 unit. Prerequisite: HF 101.


HFA 097. Advanced Golf. 0.25 unit. Prerequisite: HF 101.

HF 105. Essential Movement for Elementary Children. The rationale and methodology for guiding children in motor skills and activities, including creative movement. Includes designing a program for elementary school children as well as experience in a public school. (Counts as 0.25 credit toward the HFA LADR requirement.) 0.50 unit.