Health and Movement Studies

Hall, M. Jones, Payne, Stamford, Tereshko, Worrell

Major: EXS 215, 225, 230, 345; HF 105, 203, 231; HMS 457 or 461 (culminating experience); PSY 111, 244 and two from EXS 325, 326, 327; HF 325; or PSY 23l.

Cognate: BIO 161 or 165
Comprehensive evaluation with passing grade.

11 major courses plus one cognate: 12 major courses

HMS 260. Special Topics.
HMS 307. Directed Study. .50 unit
HMS 360. Special Topics.
HMS 370. Directed Study.
HMS 457. Internship.
HMS 461. Senior Seminar. A culminating experience emphasizing the historical, philosophical, sociological and psychological factors associated with physical activities, health and physical education.
HMS 465. Capstone Seminar. Course content will reflect the topic for the annual Capstone. Open to all juniors and seniors and may be repeated once for credit. Students may enroll in only one Capstone seminar in a given term.
HMS 499. Comprehensive Examination.